

2016 – Annual Report

CLINICS COUNT

The most critical need of people with epilepsy is expert medical management. Specialized medical care is fundamental to limiting seizure activity. Through nine clinic locations in the state, adults with epilepsy who have nowhere else to turn, look to the Epilepsy Foundation Texas to receive this life-saving care. In 2016 more than 1,000 patients received all necessary clinic visits, diagnostic testing and prescription drugs at no cost.



CAMPS COUNT



308 youth, from ages 8-19, gained this magical experience in summer 2016 through one of the Epilepsy Foundation Texas' three week-long summer camps. More than 200 individuals were served in two winter weekend camps, family camp and the Adult Adventure Weekend. Summer camp provides young people the opportunity to grow in confidence, social skills, and self-esteem. Activities encourage campers to overcome challenges, support each other, and have fun. Families and adults with epilepsy benefit from the opportunity to come together at weekend events each year.

EDUCATION COUNTS

Nothing can disarm fear, prejudice and misunderstanding like knowledge. Epilepsy information and first aid are presented to over 20,000 people each year at schools, job sites, conferences, police departments, and community organizations. Our education programs cover a wide spectrum of the community including free school nurse and personnel seizure first aid (CEU), transition education for teens, family education series and much more. Educational presentations not only provide proper first aid training for seizures, but also promote epilepsy awareness and acceptance of those living with seizures.

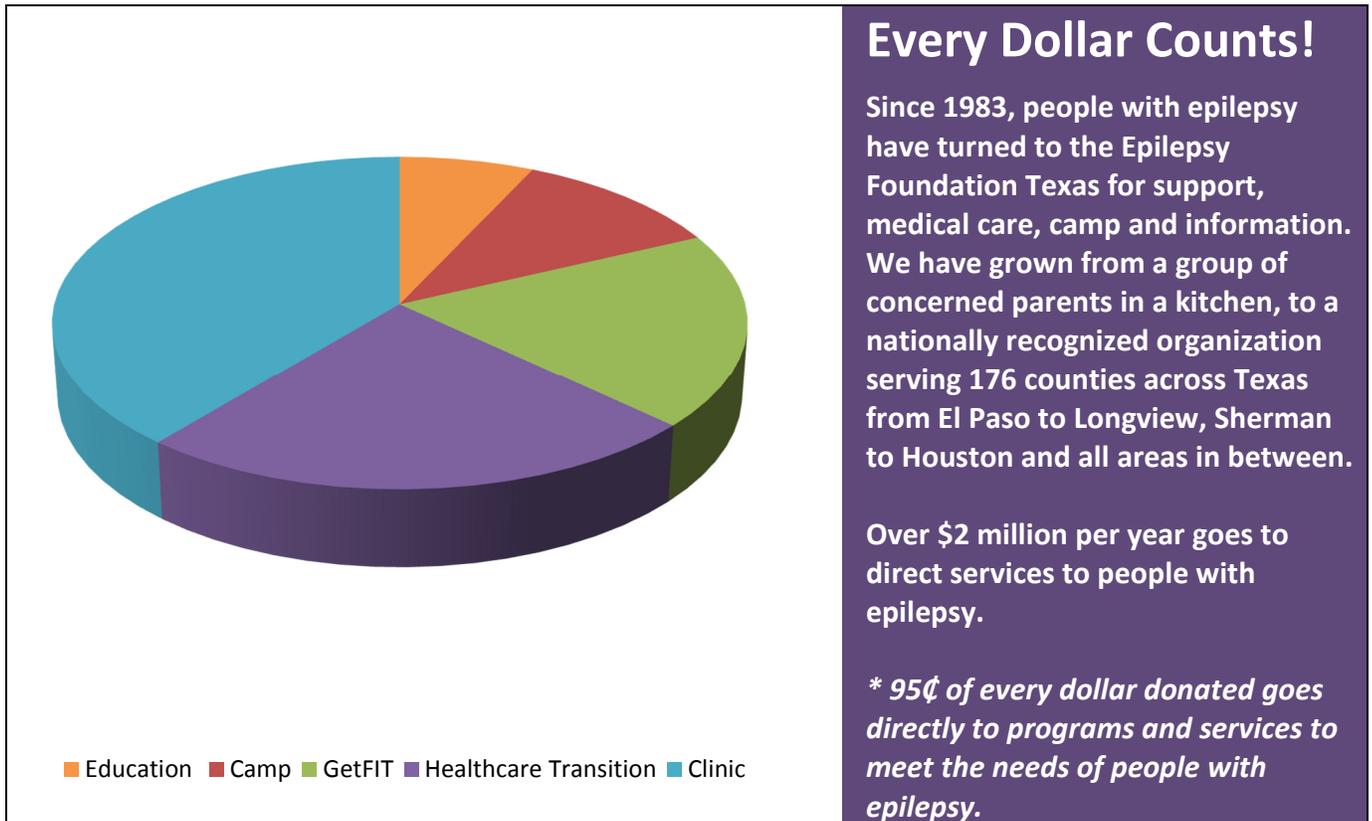


HEALTH AND WELLNESS COUNTS

Get FIT Texas – a health and wellness program which aims to prevent disease in individuals with epilepsy and developmental disabilities (DD) and their caregivers by establishing a fitness regimen and healthy lifestyle strategies. 370 program participants receive personalized coaching on fitness, nutrition and overall healthy lifestyles. In addition, free health screening is available to all participants including: Cholesterol (HDL, LDL, Triglycerides, Total) and blood glucose testing, WHR and BMI. With this test participants receive valuable information on key markers of disease and prevention strategies.

YOU COUNT

In addition to clinics, camps, education, and Get FIT, the Foundation offers several other vital programs and services. To support you and your family, we also have support groups, art therapy, and transition services.



AWARENESS COUNTS

- Approximately 1 in 26 people in the United States will develop epilepsy at some point in their lifetime.
- Epilepsy is the most common neurological disorder in children.
- 1 in 10 people will have a seizure in their lifetime.
- More people die of seizures and related causes than from breast cancer each year.



PEOPLE COUNT



The mission to lead the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives does not happen without the help of thousands of supporters. Some give financially, some give their time and many give both.

Organization Details: Most Recent 990 & Board Rosters can be viewed at www.eftx.org or call 888-548-9716.

Financial Snapshot 2016: Total Income: 2,634,000 Expenses: 2,588,000

Breakdown: 95% directly to Programs/Services; 4% Fundraising; 1% Management